




EMPIRIC HEALTH

burst iQ

ProComp Demo

 **EUBlockchain**
Observatory and Forum



revolutionizes the way organizations manage and connect data

50 Billion

data points processed
clinical, claims, supply chain and more

100+

organizations on the platform

BurstIQ is

A blockchain **DATA EXCHANGE NETWORK** that builds multi-dimensional profiles of people, places, and things and enables **SECURE CONNECTIONS** between them

BurstIQ C-suite has

>200

years of cybersecurity and healthcare experience

founded **2015**

identity networks | health information exchanges | enterprise data networks | data marketplaces | consumer data management



GBA
Government Blockchain Association Achievement Award





EMPIRIC HEALTH

Tech-enabled service that improves patient outcomes and dramatically reduces cost in surgical services.



- 24 hospitals
- 160+ clinics
- 2400 physicians
- Located in Utah, Southern Idaho, and Southern Nevada

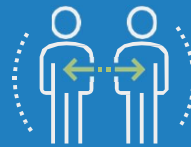
Goal to Reduce Clinical Variation in Surgical Services

Compare



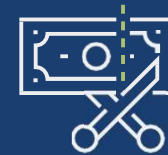
like surgical patients to determine unnecessary procedural variation and waste

Engage



surgeons with personalized insight and reach consensus on best practice

Reduce



unnecessary variation and cost while creating a culture of evidence-based medicine to improve surgical outcomes

EMPIRIC HEALTH

Need to Aggregate Disparate Sources of Surgical Data



Data Stored On-Chain

Secure Data Exchange



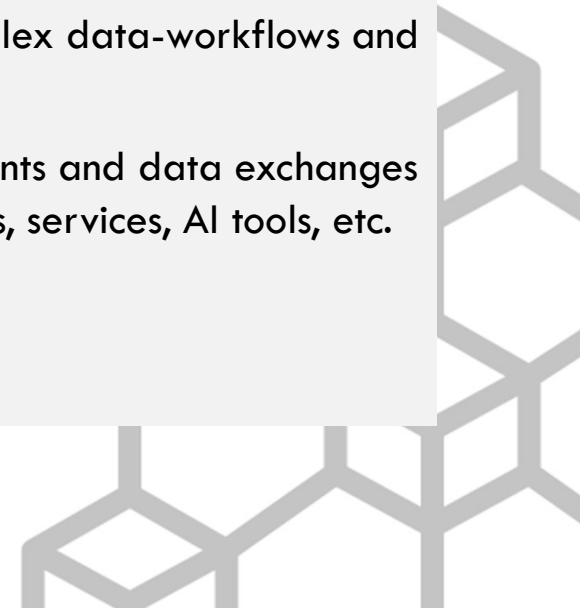
CONSENT CONTRACTS

- Highly complex, granular data sharing
- Time-limited, conditional, trigger-based
- "Any-to-any" data sharing and governance
- Automates multi-party contracts



ORCHESTRATOR

- Highly flexible rules engine
- Automates complex data-workflows and processes
- Coordinates events and data exchanges between systems, services, AI tools, etc.



Dashboard Visualizations allow Deep Review

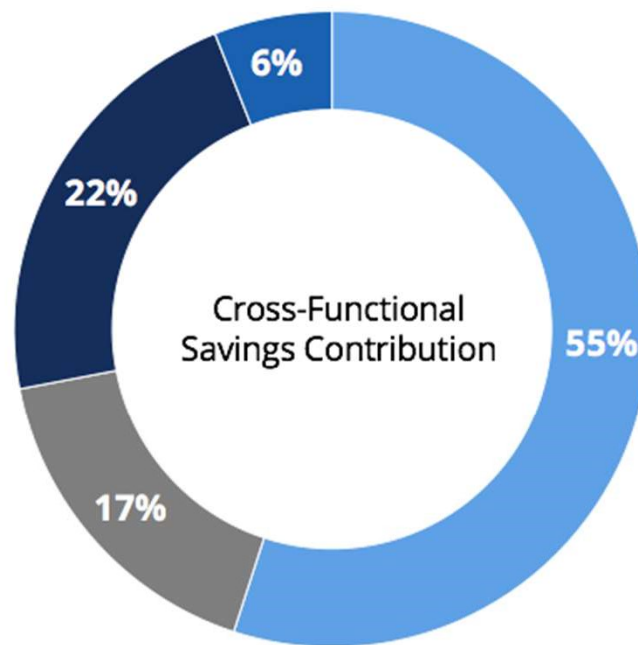


Direct Cost Savings

To-date, ProComp has saved Intermountain Healthcare

\$90M+

in direct cost, through supply savings, length of stay reduction, and other operational efficiencies



- Length of Stay Reduction
- Operational Efficiency
- Supply Cost
- Other

EMPIRIC HEALTH

Laparoscopic Common Bile Duct Exploration for Choledocholithiasis: Analysis of Practice Patterns of Intermountain HealthCare

Daniel Gilsdorf, MD, Jake Henriksen, BS, Katie Liljestrand, RN, Allison Staheli, RN, Griffin C Prem Narayanan, BS, MS, Mark Ott, MD, FACS, David S Morris, MD, FACS, Raymond Price, M

BACKGROUND: The ideal management of common bile duct (CBD) stones remains controversial, with single-stage management using laparoscopic CBD exploration (LCBDE) during laparoscopic cholecystectomy, or with 2-stage management using preoperative or postoperative ERCP. We wished to elucidate the practice patterns within our health system, which include both large urban referral centers and small rural critical access hospitals.

STUDY DESIGN: We conducted a retrospective data analysis from our 22-hospital, not-for-profit, integrated health care system. All patients with a diagnosis of choledocholithiasis who underwent laparoscopic cholecystectomy (LC) and either ERCP or LCBDE for duct clearance between 2012 and 2013 were included. Demographic data, along with disease-specific characteristics and outcomes, were collected and compared.

RESULTS: During the study period, 37,301 patients underwent LC. Of these, 1,961 (5.3%) met inclusion criteria. Single-stage management with LC+LCBDE was performed in 28% of patients, the remaining 72% underwent 2-stage management with ERCP (73% postoperative ERCP and 27% preoperative). Mean total number of procedures was lowest in the LC+LCBDE group (mean 1.4 vs 2.1 vs 2.1, $p < 0.05$). Hospital charges were also lower in the LC+LCBDE group vs post-cholecystectomy ERCP vs preoperative ERCP groups (\$9,000 vs \$10,800 vs \$14,200, $p < 0.05$). Single-stage two-stage management varied greatly between hospitals (from 0% to 93%).

CONCLUSIONS: Single-stage management of CBD stones resulted in the fewest procedures and lowest hospital charges without an increase in complications. Single-stage management (LC+LCBDE) is underused and can offer better value in today's cost-conscious environment. (J Am Coll Surg 2018;226:1160–1165. © 2018 by the American College of Surgeons. Published by Elsevier Inc. All rights reserved.)

Gallstones are endemic in the US, with estimates of incidence at 15% and 20% of the population, resulting in 650,000 to 700,000 cholecystectomies performed per

year and an estimated total annual expenditure of billion dollars.¹ Choledocholithiasis occurs in more than 26,000 patients with cholelithiasis admitted to hospitals in the US annually.² Most with choledocholithiasis are managed with laparoscopic cholecystectomy and endoscopic techniques.

be 2-stage procedures, performed using ERCP after laparoscopic cholecystectomy (LC), or procedures, which typically use LC and in laparoscopic common bile duct exploration.

Laparoscopic cholecystectomy with intraoperative CBD exploration is also described, although it is much less common. Studies comparing minimally invasive single-stage to

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LEAD FEATURE

Strategies to address the U.S. opioid crisis in the perioperative setting

Lisa Croke, Managing Editor

In 2017, more than 47,000 deaths caused by overdoses in the United States involved opioids, with more than 35 percent of these attributed to prescription opioids.¹ Surgical patients are commonly exposed to opioids,² which can be administered immediately before surgery (i.e., preemptively), intraoperatively, or postoperatively, and prescribed for managing chronic pain in the long term.³ Although opioids often are the most effective option for managing acute moderate to severe pain for many surgical patients,⁴ overprescribing in this patient population is a common problem.⁵ For example, recent studies have identified that more than 80 percent of patients are prescribed more than the suggested maximum amount of opioids as defined by their state guidelines⁶ and that surgical patients took only 27 percent of the opioids prescribed to them.⁷ This overprescribing can result in the misuse of opioids and is a contributing factor to the current national opioid crisis.

According to Jeannette L. Prochazka, MSN, RN, ACNS-BC, clinical operations director, Intermountain Healthcare in Salt Lake City, despite the call to combat the opioid crisis, there is a lot of pressure for surgeons and perioperative nurses to manage patients' pain after surgery. "Patients trust us with their care, including managing their pain," she said. "Surgery is a place where patients are either exposed to opioids for the first time or are 'allowed' to take more than their chronic pain prescriptions to control acute pain, both of which can leave patients at risk for unintentional overdose, misuse, or abuse." It is important that perioperative teams assess and address the ways their practices contribute to the current crisis, including evaluating their opioid prescribing practices, with the objectives of appropriately managing surgical pain while reducing the risk of opioid dependence and diversion to the community.⁸

Prochazka explained that one of the main strategies to reduce opioid prescriptions at her facilities included

using data obtained from a patient-reported survey of how many opioids they consume versus how many were prescribed. "The survey showed that patients consistently took less than 40 percent of what was prescribed to them," she said. "The survey was shown these data throughout the year and, in 2018, we were able to reduce the amount of opioid prescribed to surgical patients at our facilities by 1,692,587 pills." She also suggested that perioperative nurse leaders should take the initiative to talk with anesthesia professionals about standardizing pain medication regimens and with surgeons about a joint effort to reduce the amount of opioids they are prescribed.

Risks of opioids

The risks associated with opioids can be significant including dependence, unintentional overdose, a diversion. According to Prochazka, undergoing surgery alone is a risk factor for instigating long-term opioid use. "Patients who have not received opioids previously are often being exposed to them for the first time during surgery and their tolerance is unknown leaving them at risk for addiction," she said. "The patients who have been previously exposed to opioids typically require higher doses perioperatively to combat acute pain in addition to their chronic pain, which also leaves them at risk for addiction."

Approximately 6 percent of patients undergoing surgery have been shown to be persistent opioid users postoperatively,⁹ with evidence indicating that larger quantity prescriptions were associated with greater consumption.^{5,7} Patients were shown to take an additional 5.3 pills for every 10 extra pill prescribed,⁹ and approximately 20 percent of patients who received an initial 10-day opioid prescription and approximately 35 percent of those who receive 30-day prescriptions were still taking opioids one year later.⁹ In addition, although it is a relatively small increase, percentage of postoperative complication Prochazka said that patients also are at risk for accidental overdose because of the potential for

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Implementation of a Quality Improvement Initiative to Decrease Opioid Prescribing in General Surgery

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ABSTRACT

Background: There is increasing need to avoid excess opioid prescribing after surgery. We prospectively assessed overprescription in our hospital system and used these data to design a quality improvement intervention to reduce overprescription.

Materials and methods: Beginning in January 2017, an e-mail-based survey to assess the quantity of opioids used postoperatively as well as patient-reported pain control was sent to all surgical patients in a 23-hospital system. In January 2018, as a quality improvement initiative, guidelines were given to surgeons based on patient consumption data. Prescription and consumption were then tracked prospectively. Wilcoxon signed-rank analysis of variance, and Cuzick trend tests were used to assess for overprescription and changes over time in opioid prescribing and consumption.

Results: We included 2239 patients in our cohort. The amount prescribed (median [Q3]: 30 [24–45] versus 14 [12–30], $P < 0.001$) and consumed (median [Q3]: 12 [7–20] versus 8 [5–15], $P < 0.001$) both decreased between the first and last quarter studied. Academic hospitals prescribed fewer opioids than nonacademic hospitals (median [Q3]: 24[15–40] versus median [Q3]: 30 [20–45], $P < 0.005$). There was no difference in the quantity of opioids consumed between patients treated at academic and nonacademic facilities (median [Q3]: 10[3–15] versus 10.5 [4–20], $P = 0.08$). Patients consumed a median of 41% of the opioids prescribed, and there was no significant trend in the percent consumed over time ($P = 0.8$). **Conclusions:** Patients used far fewer opioids than prescribed after common adult general surgery procedures. When surgeons were provided with patient consumption data, the number of opioids prescribed decreased significantly.

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